

Health Timetable - 9/5/16 - 24/5/16

Theme - Water's good for you!

| Monday 9 th May | | | | | |
|---|---|-----------------------------------|---------------------------------|---|--|
| Matthew Ruyi - Dining Hall/ Gym Hall | Sports Village /Swimming | Bike Roadshow - Outside | Bikeability - Outside | PE with Lynsey - Gym Hall/ Outside | Claire - school nurse dropping off: |
| 9.10 - 9.45 (D) - P6/7a + P6/7c | Swimming - P4/5 - 9am - P4 - 9.30 | 9.15 - 9.45 - P1c + P1d | | 9am - 10.30 - P4/5 | Drug box Glitter bug/light b Houseful of emotio Girls Aloud |
| 9.45 - 10.15 (D) - P3a | | 9.45 - 10.15 - P6/7b | | | These will be reso that you can use i class |
| 10.15 - 10.45 (D) - P3b | | 10.15 - 10.45 - P6/7c | | | |
| 11am - 11.30 (D) - P2a + P2b | Sports Village - P1b -10.30 | 11am - 11.30 - P6/7a | | 10.45 - 12.15 - P6/7b * Yoga at 11.40 | |
| 11.40 - 12.15 (G) - P6/7b + P5 | | 11.30 - 12pm - P3a | | | |
| 12.15 - 12.45 (G) - P4 | | 12pm - P3b | | | |
| 1.30 - 2pm (G) - P1a + P1b | | 1.30 - 2pm - P2a | 2pm - 3pm - P6's | 1.15 - 2.15 - P1a * Yoga at 1.30 | |
| 2.05 - 2.35 (D) - P1c + P1d | | 2pm - 2.30 - P2b | | 2.15 - 3.15 - P5 | |
| 2.35 - 3.15 (D) - P4/5 | | 2.30 - 3pm - P1a + P1b | | | |

| Tuesday 10 th May | | | | | |
|------------------------------|---|---|---|---|--|
| Police - Class | Imaginative Play with Claire - Class/Outside | Smoothie Making Demonstration - Room 20 | PE with Lynsey - Gym Hall/ Outside | Puberty and periods with Claire and Shanon | |
| 9.15 - 10am - P1a + P1b | 9.15 - 10.45 - P5 | | 9am - 10.30 - P6/7c | | |
| 10am - 10.45 - P6/7b | | | | | |
| 11am - 11.45 - P2a | 11am - 12.30 - P4 | | 10.45 - 12.15 - P6/7a | | |
| 11.45 - 12.30 - P5 | | | | | |
| 1.30 - 2.15 - P2b | 1.45 - 3.15 - P4/5 | 1.45 - 2.15 - P1c 2.15 - 2.45 - P2a 2.45 - 3.15 - P1d | 1.15 - 2.15 - P1d 2.15 - 3.15 - P3a | 13:45 - 15:15 P.6/7 girls and or boys | |
| 2.15 - 3pm - P4 | | | | | |

| Wednesday 11 th May | | | | | |
|---|--|--|---|---|--|
| Police - Class | Life boats Assembly - Gym Hall | Coastguard Talk - Class | C-Fine Assembly - Dining Hall | Smoothie Making Demonstration - Room 20 | PE with Lynsey - Gym Hall/ Outside |
| 9.15 - 10am - P3b 10am - 10.45 - P3a | 9.30 - 10.15 P4 P6/7a P4/5 P6/7b P5 P6/7c | | 9.30 - 10.15 P1a P1d P1b P2a P1c P2b | | 9am - 10.30 - P4 *Lifeboats Assembly at 9.30 |
| 11am - 11.45 - P6/7a 11.45 - 12.30 - P4/5 | | 11am - 11.30 - P4 11.30 - 12pm - P6/7b 12pm - 12.30 - P6/7c | | | 10.45 - 12.15 - P5 |
| 1.30 - 2.15 - P1c + P1d 2.15 - 3pm - P6/7c | | 1.15 - 1.45 - P2a 1.45 - 2.15 - P6/7a 2.15 - 3pm - P5 | | 1.45 - 2.15 - P1a 2.15 - 2.45 - P2b 2.45 - 3.15 - P1b | 1.15 - 2.15 - P1b 2.15 - 3.15 - P3b |

| Thursday 12 th May | | | | | |
|---|--|--|---|--|--|
| Life boats Assembly - Gym Hall | Coastguard Talk - Class | Louise Bonner to speak to P7's - Class | PE with Lynsey - Gym Hall/ Outside | | |
| 9.30 - 10.15 P1a P1d P1b P2a P1c P2b | | 9.15 - P7 | 9am - 10am - P6/7a *Outside or class 10am - 10.45 - P2b (Assembly until 10.15) | | |
| | 11am - 11.30 - P1b + P1c 11.30 - 12pm - P4/5 12pm - 12.30 - P3b | | 11am - 12pm - P6/7c | | |
| | 1.15 - 1.45 - P1a + P1d 1.45 - 2.15 - P2b 2.15 - 3pm - P3a | | 1.15 - 2.15 - P1c 2.15 - 3.15 - P4/5 | | |

Friday 13th May

| | | | | | |
|--|--|---|--------------------------|--|--|
| Mhari - Drama - Water and Relaxation Dining Hall/Gym Hall | Assembly - Mr Weir - Gym Hall | PE with Lynsey - Gym Hall/ Outside | Superhero day | | |
| 9.10 - 9.40 (D) - P5 | | 9am - 10.30 - P6/7b | | | |
| 9.40 - 10.10 (D) - P4 | | | | | |
| 10.10 - 10.40 (D) - P6/7c | | | | | |
| 12pm - 12.40 (G) - P6/7a + P6/7b | 11.15 - 12pm - Whole School | 11am - 12pm - P2a - Dining Hall | | | |
| 1.30 - 2pm (G) - P3a | | | | | |
| 2pm - 2.30 (G) -P3b | | | | | |
| 2.30 - 3pm (G) - P4/5 | | | | | |

Monday 16th May

| | | | | | |
|---|---|-----------------------------------|---|------------------------------------|--|
| Yoga - Dining Hall/ Gym Hall | Sports Village /Swimming | Recycling Talk - Class | PE with Lynsey - Gym Hall/ Outside | Claire/Rebecca Headlice | |
| 9.15 - 9.45 (D) - P6/7b | Swimming - P4/5 - 9am - P4 - 9.30 | 9.15 - 10.15 - P5 | 9am - 10.30 - P4/5 | 09:15 P.2s 09:50 P.1s | |
| 9.45 - 10.15 (D) - P3a | | | | | |
| 10.15 - 10.45 (D) - P2b | | | | | |
| 11am - 11.30 (D) - P1b + P1d | Sports Village - P1c -10.30 | 10.45 - 11.45 - P4/5 | 10.45 - 12.15 - P6/7b * Gym Hall until 11.30 | | |
| 11.40 - 12.10 (G) - P3b | | 11.45 - 12.45 - P4 | | | |
| 12.10 - 12.40 (G) - P6/7c | | | | | |
| 1.40 - 2.10 (D) - P2a | | | 1.15 - 2.15 - P1a 2.15 - 3.15 - P5 | | |
| 2.10 - 2.40 (D) - P4/5 | | | | | |

| Tuesday 17th May | | | | | |
|---|---|--|-------------------------------|---|--|
| Aberdeen Football Club - Outside | Frankie and Bennies | Bees in trees - Class/ outdoors | Movie Day - Church | PE with Lynsey - Gym Hall/ Outside | |
| 9.15 - 10am - P4 10am - 10.45 - P3a | 9am - 12pm Pizza winners to go with Miss Gardner | 9.15 - 10am - P1a + P1b 10am - 10.45 - P3b | 9.15 - 10.45 P2a P2b | 9am - 10.30 - P6/7c | |
| 11am - 11.45 - P6/7c 11.45 - 12.30 - P6/7a | | 11am - 11.45 - P1c + P1d 11.45 - 12.30 - P4 | 11am - 12.30 P5 P6/7b | 10.45 - 12.15 - P6/7a | |
| 1.30 - 2.15 - P2a 2.15 - 3pm - P6/7b | | 1.30 - 2.15 - P4/5 2.15 - 3pm - P5 | | 1.15 - 2.15 - P1d 2.15 - 3.15 - P3a | |

| Wednesday 18th May | | | | | |
|--|---|---|-------------------------------|---|--|
| Yoga - Dining Hall/ Gym Hall | Skip-a-thon - Outdoors | Bees in trees - Class/ outdoors | Movie Day - Church | Lego Mindstorm Challenge - Room 15 | PE with Lynsey - Gym Hall/ Outside |
| 9.15 - 9.45 (D) - P5 9.45 - 10.15 (D) - Nursery 10.15 - 10.45 (D) - P6/7a | 9.30 - 10.30 - P4 - P6/7b | 9.15 - 10am - P2a 10am - 10.45 - P2b | 9.15 - 10.45 P3a P3b | 9.15 - 10.45 - P4/5 | 9am - 10.30 - P4 *Skip-a-thon |
| 11.15 - 11.45 (G) - P1a + P1c | 11am - 12pm - P5 - P2a -P.6/7a | 11am - 11.45 - P6/7b 11.45 - 12.30 - P6/7c | 11am - 12.30 P4 P4/5 | 11am - 12.30 - P6's | 10.45 - 12.15 - P5 *Skip-a-thon |
| | 1.45 - 2.45 - P1b + P1d - P3b | 1.30 - 2.15 - P3a 2.15 - 3pm - P6/7a | | 1.30 - 3pm - P5 | 1.15 - 2.15 - P1b *Skip-a-thon 2.15 - 3.15 - P3b *Skip-a-thon |

| Thursday 19 th May | | | | | |
|---|--|--|--|--|--|
| Gillian Kirk - Teeth Health - Gym Hall | Skip-a-thon - Outdoors | PE with Lynsey - Gym Hall/ Outside | Tesco Champions - Promoting healthy eating - Dining Hall | Track Safety Outside or Lads Club | |
| 9.15 - 10am - P6/7b 10am - 10.45 - P2b | 9.30 - 10.30 | 9am - 10am - P6/7a *Skip-a-thon 10am - 10.45 - P2b *Skip-a-thon | 9.15 - 10am - P6/7a + P6/7c 10am - 10.45 - P5 + P6/7b | | |
| 11am - 11.45 - P1a + P1c 11.45 - 12.30 - P3a | 11.15 - 12.15 - P6/7c - P3b -P.2b | 11am - 12pm - P6/7c *Skip-a-thon | 11am - 11.45 - P4 + P4/5 | 11:05 P6/7b 11:45 P6/7a 12:15 P6/7c | |
| 1.30 - 2.15 - P1b + P1d 2.15 - 3pm - P2b | 1.45 - 2.45 - P1a + P1c - P4/5 | 1.15 - 2.15 - P1c *Skip-a-thon 2.15 - 3.15 - P4/5 *Skip-a-thon | 1.55 - 2.40 P3a + P3b - | 14:00 Track Safety talk in Lads Club P4 - 7 | |

| Friday 20 th May | | | | | |
|---|--------------------------------|--|--|---|--|
| Aberdeen Football Club - Outside | Food revelation day | Movie Day - Church | Assembly - Mr Lamont - Gym Hall | PE with Lynsey - Gym Hall/ Outside | |
| 9.15 - 10am - P5 10am - 10.45 - P4/5 | | 9.15 - 10.45 P1a P1b P1c P1d | | 9am - 10.30 - P6/7b | |
| 11am - 11.45 - P2b 11.45 - 12.30 - P3b | | 11am - 12.30 P6/7a P6/7c | 11.15 - 12pm - P3 - 7 | 11am - 12pm - P2a * Dining Hall or outside | |
| 1.30 - 2.15 - P1a + P1b 2.15 - 3pm - P1c + P1d | | | | | |

| Monday 23 rd May | | | | | |
|---|---|---|---|--|--|
| Microfit - Gym Hall | Sports Village /Swimming | Grace - Outdoor Learning | PE with Lynsey - Gym Hall/ Outside | | |
| 9.15 - 10am - P2a 10am - 10.45 - P3b | Swimming - P4/5 - 9am - P4 - 9.30 | 9.15 - 10.30 - P1a + P1c | 9am - 10.30 - P4/5 *Outside or class | | |
| 11am - 11.45 - P6/7b 11.45 - 12.30 - P4/5 | Sports Village - P1d -10.30 | 10.45 - 11.30 - P3a 11.40 - 12.25 - P5 | 10.45 - 12.15 - P6/7b *Microfit | | |
| 1.30 - 2pm - P1a + P1c 2pm - 2.30 - P1b + P1d 2.30 - 3.15 - P5 | | 1.30 - 2.15 - P2b 2.25 - 3.10 - P6/7b + $\frac{1}{2}$ P6/7c | 1.15 - 2.15 - P1a *Microfit 2.15 - 3.15 - P5 *Microfit | | |

| Tuesday 24 th May | | | | | |
|--|---|---|--|--|--|
| Microfit - Gym Hall | Grace - Outdoor Learning | PE with Lynsey - Gym Hall/ Outside | | | |
| 9.15 - 10am - P6/7c 10am - 10.30 - Nursery | 9.15 - 10.30 - P1b + P1d | 9am - 10.30 - P6/7c *Microfit | | | |
| 10.45 - 11.30 - P4 11.30 - 12.15 - P6/7a | 10.45 - 11.30 - P3b 11.40 - 12.25 - P4/5 | 10.45 - 12.15 - P6/7a *Microfit | | | |
| 1.15 - 1.45 - Nursery 1.45 - 2.30 - P2b 2.30 - 3.15 - P3a | 1.30 - 2.15 - P2a 2.25 - 3.10 - P6/7a + $\frac{1}{2}$ P6/7c | 1.15 - 2.15 - P1d *Dining hall or outside 2.15 - 3.15 - P3a *Microfit | | | |