

Letter formation worksheet

g

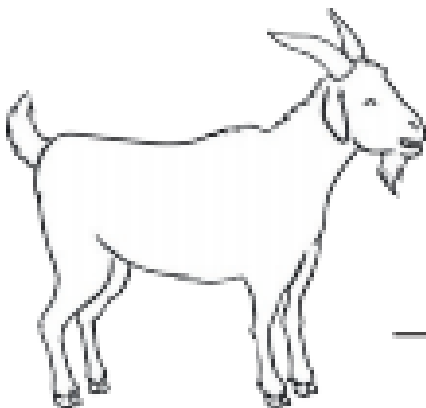
My name is _____

Trace over the **g** and then try writing your own.



All of the following words have the sound **g** in them.

Can you write the sound **g** to complete the words?



__oat



__lue

Letter formation worksheet

ck

My name is _____

Trace over the **ck** and then try writing your own.

ck ck ck ck ck ck

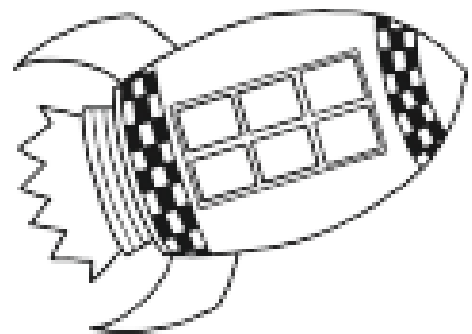
ck ck ck ck ck ck

All of the following words have the sound **ck** in them.

Can you write the sound **ck** to complete the words?



so ____ s



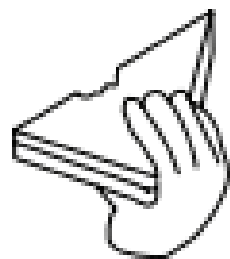
ro ____ et

My name is: _____

bad



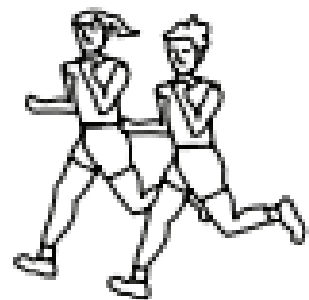
fit



bit

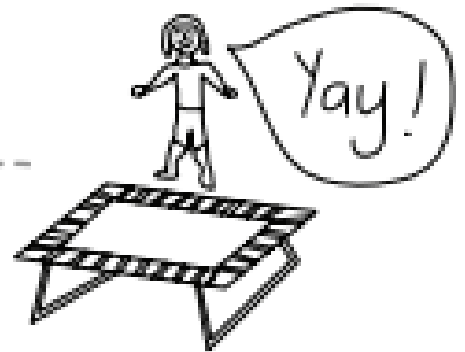


lit



My name is: _____

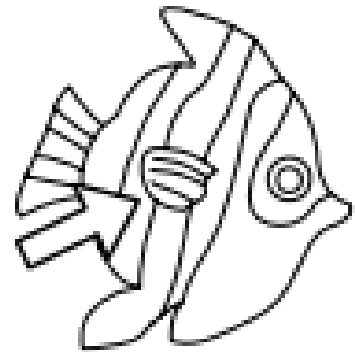
beg



fin



fun



lot



Name: _____

Date: _____

ai



rain

paid _____ paid _____

wait _____ wait _____

tail _____ tail _____

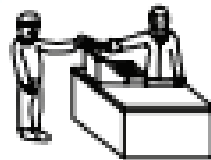
mail _____ mail _____

rain _____ rain _____

w _ _ t



p _ _ d



t _ _ l



p _ _ n



m _ _ l



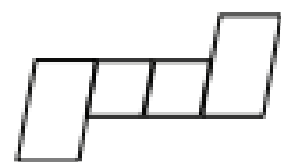
r _ _ n



tr _ _ n



p _ _ nt



My dog wags his tail.



Tricky Words

Name: _____ Date: _____



Copy the words along each line. You can use different colours for each word if you like.

the

and

to

a

said

Blank handwriting practice line with a dashed midline.

Blank handwriting practice line with a dashed midline.

Sight Words

Name: _____

Date: _____

the

and

to

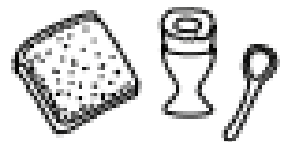
a

said

I went ___ school.



I had eggs ___ toast.



I had ___ drink of water.



Dad ___ I can go.



I went to ___ shop.

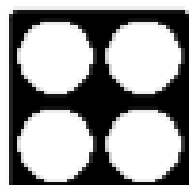
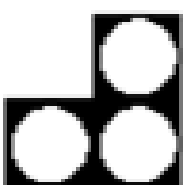


Number Shape Addition to 10

Use the number shapes to work out the answers to each addition question.

 +  =

 +  =

 +  =

 +  =

 +  =



Pets Counting to 10

Write down the answers in the circles.



Coin Detective

Help the coin detective by colouring the coins below.



= yellow



= red



= blue



= green



= purple

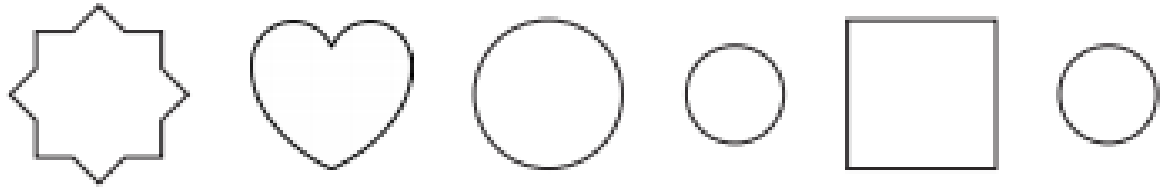


= orange

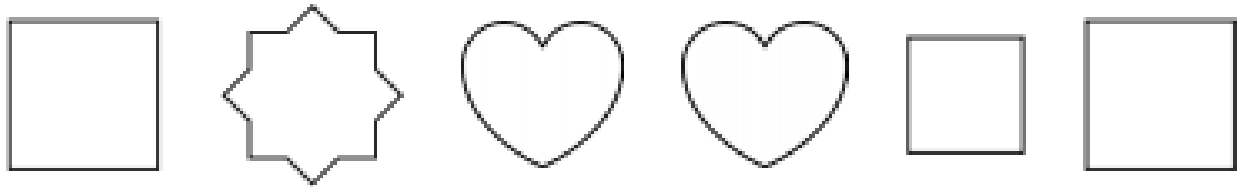


Colour in the Correct Shape

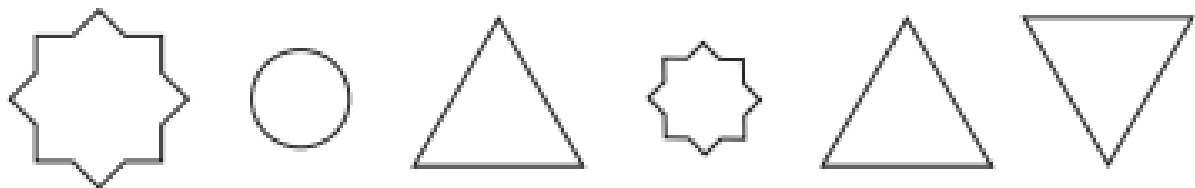
1. Colour in the circle shapes **green**.



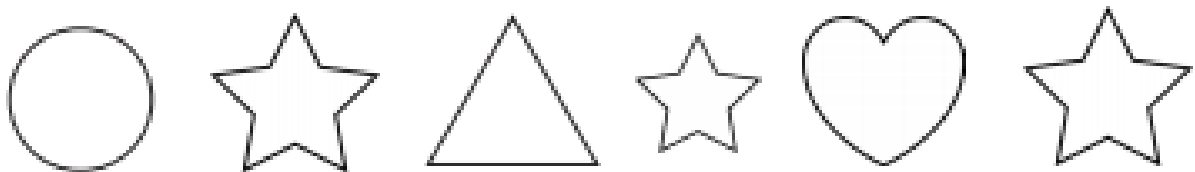
2. Colour in the square shapes **orange**.



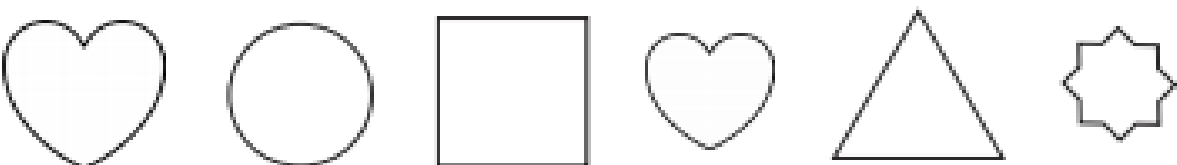
3. Colour in the triangle shapes **red**.



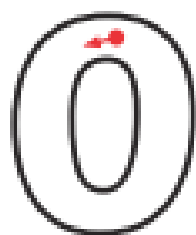
4. Colour in the star shapes **blue**.



5. Colour in the heart shapes **pink**.



Number Formation 0 to 10 with Rhymes



Around to my
left to find my
hero, back to
the top, I've
made a zero.



A downward
stroke, my
that's fun. Now
I've made the
number one.



Half a heart
says "I love
you." Add a line.
Now I've made
the number two.



Around the tree,
around the tree,
now I've
made the
number three.



Down and
across and down
once more, now
I've made the
number four.



Draw the hat,
the back and the
belly. It's a five.
Watch out, it
might come alive!



Bend down low
to pick up sticks.
Now I've made
the number six.



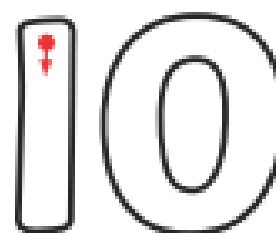
Across the sky
and down from
heaven. Now
I've made the
number seven.



Make an "S" and
close the gate.
Now you've
made the
number eight.



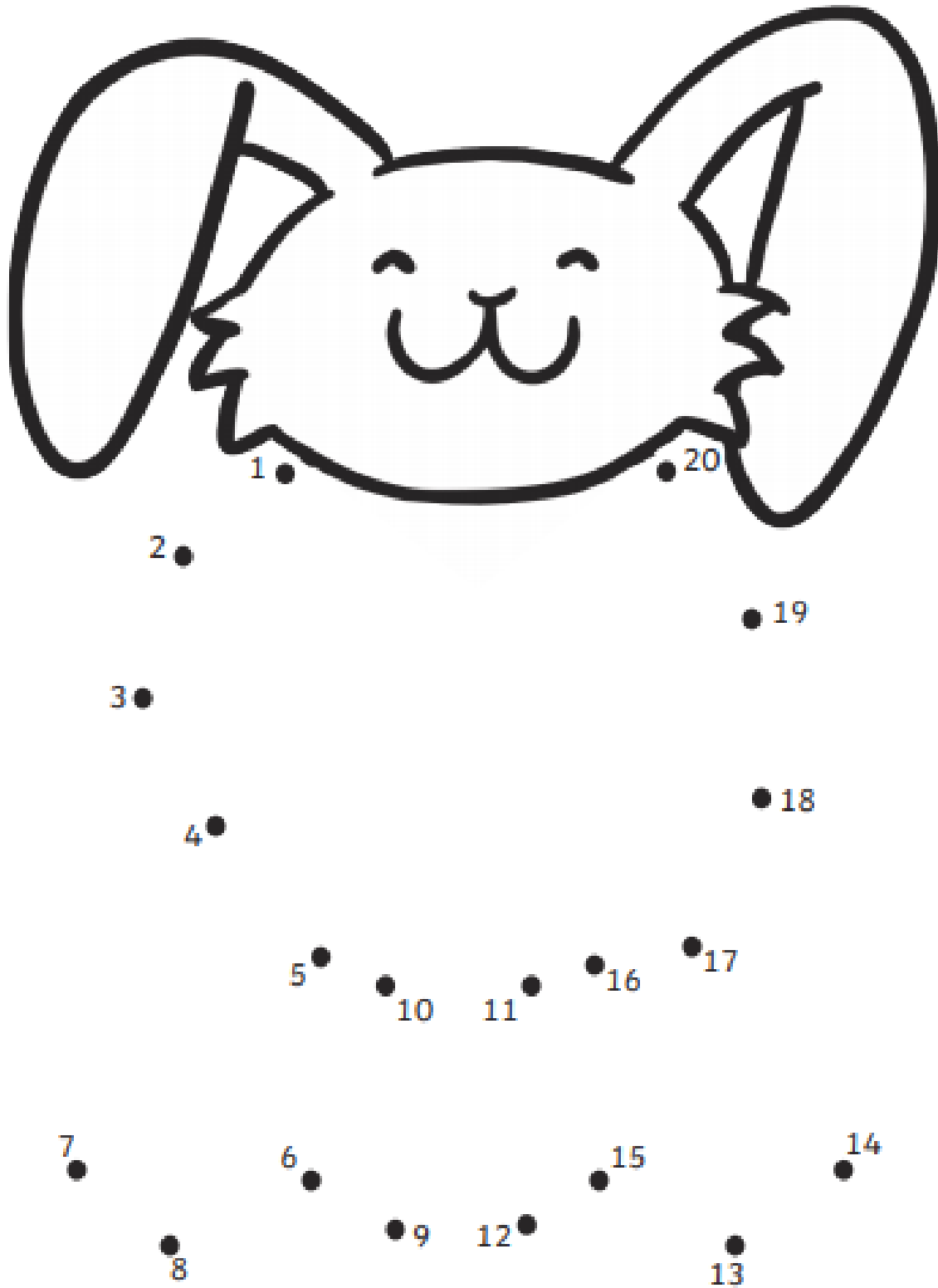
Make an oval
and a line.
Now I've
made the
number nine.



A downward
stroke, that's
my one. Add a
zero, that's my
number ten done!



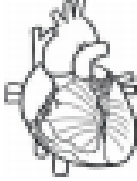






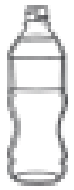


Dot to Dot

Join the dots to reveal the full picture!



Being Active

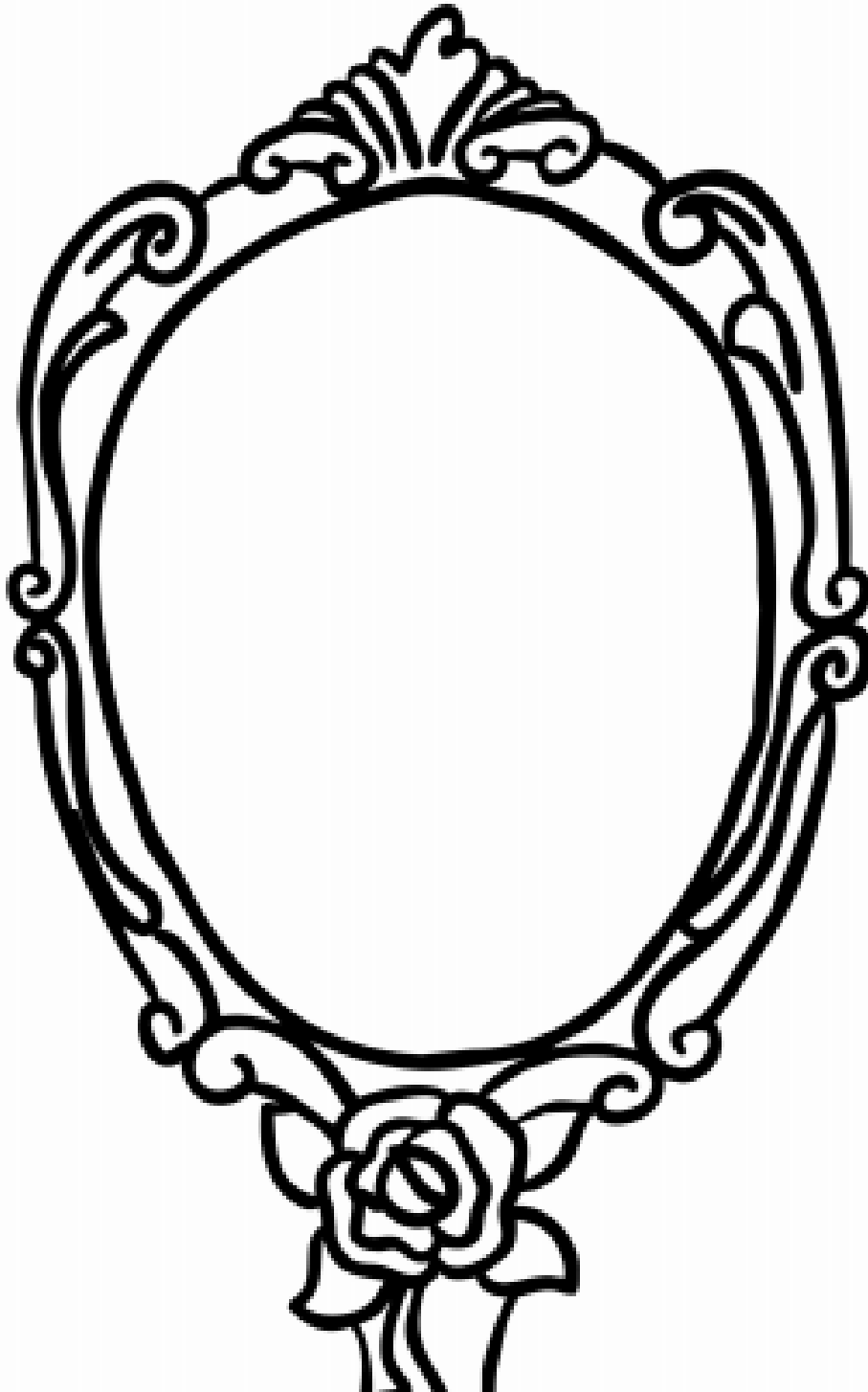
Think about what happens to your body when you are active. Tick the correct box to show what can happen to the body during exercise.

| | | | |
|---|--|---|--|
|  <p>Your cheeks might turn red.</p> | |  <p>Your cheeks might turn blue.</p> | |
|  <p>Your heart will beat slower.</p> | |  <p>Your heart will beat faster.</p> | |
|  <p>Your body may feel warmer.</p> | |  <p>Your body may feel colder.</p> | |
|  <p>Your skin might feel dry.</p> | |  <p>You may sweat.</p> | |
|  <p>You will not feel thirsty.</p> | |  <p>You may need a drink.</p> | |
|  <p>Your breathing will remain steady.</p> | |  <p>Your breathing may become harder and faster.</p> | |

Things I Like About Me

Mirror, mirror on the wall, who's the nicest child of all?

Can you write or draw as many things as you can that you like about yourself. For example, you might write: I like my hair; or I like my brown eyes; or I am funny.

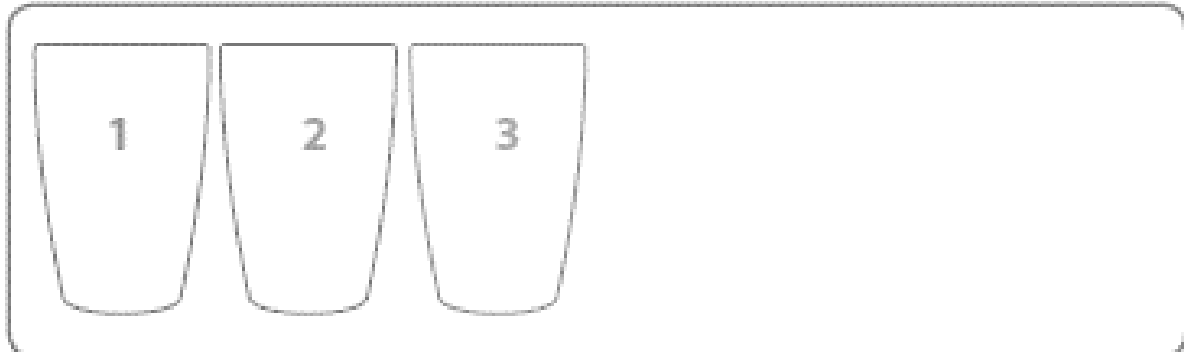


Please help your child complete the following activities

Session 1 – BE ACTIVE TOGETHER

1. I drank water after being active this week

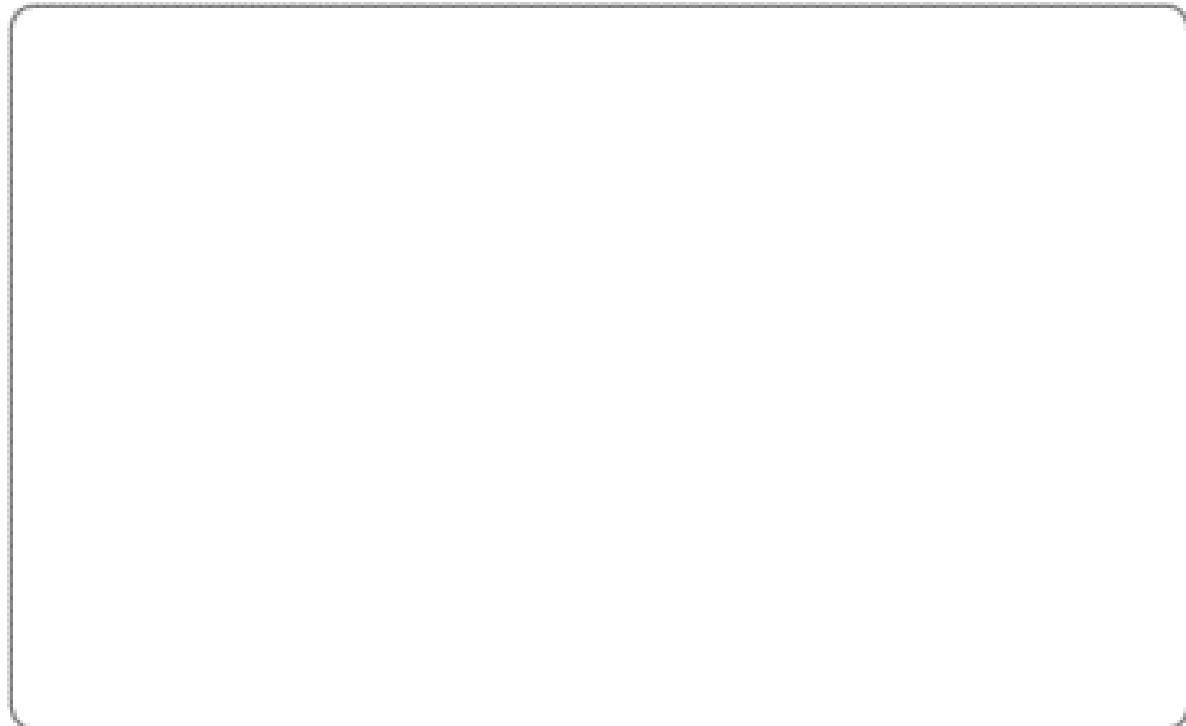
Colour in the water cups below each time you drink water after being active this week.



Draw more cups if you drank water on more than 3 occasions after being active

2. I tried a new physical activity this week

In the space below show your new activity. You can draw, cut out and stick in a picture or a photo of you doing your new activity.



3. I did some more physical activity instead of spending time in front of a screen (TV, computer or hand held games) this week.

Draw a smiley face on the circle if you swapped screen time (TV, computer or hand held games) for physical activity this week or draw a sad face on the circle if you did not manage to swap screen time for physical activity this week.

